

WYOMING HEALTHCARE COMMISSION
July 10, 2006
Meeting Minutes
Cheyenne

ATTENDANCE:

Dixie Roberts, Chairman; Rex O. Arney, Barbara Cohee, Jack Glode, M.D., Larry Kirven, M.D., Lorraine Saulino-Klein, Barb Rea, Jack Speight, Commissioners; Brent Sherard, M.D., Wyoming Department of Health Director, Ex-officio Commissioner; Ken Vines, Wyoming Insurance Commissioner, Ex-officio Commissioner; Lynn Birleffi, John P. McBride, Rick Schum, Linda O'Grady, Greg Gruman, Ph.D., Teri Green, Mary Burman, Jerry Calkins, M.D., Dan Perdue, Susie Pouliot, Committee Members; Susan Anderson, Executive Director, Beth Worthen, Assistant Director, Susie Scott-Mullen, Facilitator and Keith Hageman, Administrative Assistant, WHCC staff.

GUESTS:

Representative Pete Jorgensen, Representative Floyd Esquibel, Wendy Curran, Governor's Office, Lee Clabots, WDH- Deputy Director of Administration, Lloyd Wilder, Department of Insurance, Lynne Weidel, Office of Rural Health; Chris Sullivan, APS Healthcare; Dan Neal, ESPC, Sherlyn Kaiser, Wyoming Medical Center, Lori Jasperson, WINhealth, Pennie Hunt, Wyoming Health Resource Network, Renee Gamino-Diaz, AARP, Bernadette Queyedo-Mendoza, CMS, Roxanne Homar, WDH, Susan Menghini, WLRA, WRMA and AHIP, Cheryl Fahlman, Ph.D., Health Systems Change; Deborah Chollet, Ph.D., Health Systems Change; Al Lewis, President Disease Management Purchasing Consortium International (DMPC); Dr. Ed Boenisch, Deputy Director, Wyoming Community College Commission; Kelly Schramm, Certified Specialist Program Manager, Wyoming Community College Commission.

8:00 a.m. Meeting called to order by Chairman Dixie Roberts

I. Welcome and Introductions

Chairman Dixie Roberts welcomed everyone and introduced recently appointed WHCC Commissioner Lawrence Kirven, M.D. to the Commission. Everyone in attendance was given the opportunity to introduce themselves.

II. Specialty Medical Center Study

Cheryl Fahlman, Ph.D., from the Center for Studying Health System Change (HSC) sister organization to Mathematica Policy Research, Inc., gave a presentation to the WHCC outlining the "Specialty Medical Center Study." WHCC has contracted with HSC to conduct the study. Deborah Chollet, Ph.D., from HSC was also present to answer questions. The topics covered were as follows:

1. Policy Context
2. Issues for Wyoming
3. Objectives of Study
4. Technical Approach
5. Literature and Legislative Review
6. Comparative Market Analysis
7. Qualitative Interviews

8. Literature
9. Growth of Medical Specialty Centers
10. Studies Reviewed
11. Findings from Literature
12. Gaps in Literature May Affect Findings

A copy of the HSC presentation is available on the WHCC website at <http://www.wyominghealthcarecommission.org/index.html>

There was discussion that the "economic impact" of medical specialty centers needs to be looked at and included in the Medical Specialty Centers Study. The current Medical Specialty Centers Study that HSC is conducting does not include the "economic impact" of medical specialty centers. The WHCC needs to determine if the Rural Healthcare Delivery Study being conducted by the Rural Policy Research Institute (RUPRI) will include the economic impact of medical specialty centers.

III. APS Healthcare "*Healthy Together*" Program- Return on Investment

Al Lewis, president of Disease Management Purchasing Consortium International (DMPCI), presented the Return on Investment (ROI) from the first guarantee year of the "Healthy Together" program created by the Wyoming Department of Health, Office of Medicaid, in conjunction with APS Healthcare, Inc. The topics covered were as follows:

1. History of Health Management
2. Definitions of Health Management
3. When it works...and when it doesn't
4. Measuring ROI: Right and Wrong
5. The Wyoming APS program and how it changed an industry
6. Wyoming Program ROI

A copy of Al Lewis' presentation is available on the WHCC website at <http://www.wyominghealthcarecommission.org/index.html>

Looking at the data it appears the *Healthy Together* program will pass the "financial" test by reaching its target actual of lower than 4.32%. However, not all of the trend data has been collected yet (there is no large change in either direction anticipated so it should hold true). The *Healthy Together* program also meets the two additional tests for a valid ROI, both the "plausibility check" and the "clinical" test. Before a conclusive result can be provided the final trend numbers need to come in.

IV. Director's Report

Susan Anderson, WHCC Executive Director, gave the Director's Report to the Commission.

- Governor Freudenthal has appointed Lawrence Kirven, M.D., a family practice physician, and Cliff Root, president of Bonneville Transloaders Inc., to replace Carol Jenkins and Steve Mossbrook, whose terms on the commission expired June 31, 2006. Dr. Kirven serves on the Wyoming Medical Society Board of Trustees and is the president of the board of directors of the Mountain Pacific Quality Healthcare Foundation. Root sits on the Wyoming Department of Environmental Quality Citizens Advisory

Panel and the Wyoming Business Alliance steering committee. Dr. Kirven is from Buffalo, Wyoming, and Cliff Root hails from Riverton, Wyoming.

- WHCC's contract status report was handed out to the Commission. The contracts listed on the status report were as follows:

1. Health Systems Change (HSC)- Medical Specialty Centers Study \$169,390 (Status: Completed)
2. Nebraska Health Professions Tracking Center (HPTC)- Workforce Study \$166,346 (Status: Completed)
3. Susie Mullen- WHCC Staff, Facilitator Access & Affordability Committee \$5,760 (Status: Completed)
4. Department of Employment, Research & Planning(Tom Gallagher)- Nursing Study \$150,000 (Status: Completed)
5. WyHIO- Grant \$150,000 (Status: Completed)
6. Fran Cadez- Medical Errors Study \$50,000 (Status: In signature process)
7. Rural Policy Research Institute (RUPRI)- Rural Healthcare Delivery Study \$226,933(Status: In approval process)
8. Milliman- Medicaid Redesign Study \$250,000(Status: In approval process)

(Note: contract amounts are encumbered and will not necessarily be spent in their entirety.)

- The WHCC's contract process was reviewed. The process is as follows:
 1. WHCC drafts contract
 2. Draft goes to Rich Marble in the Governor's Office for review
 3. Rich Marble forwards to Don Gerstein in the AG's Office for approval
 4. Don Gerstein forwards to Governor's Office for Approval
 5. Governor's Office forwards back to WHCC for signatures
- The following presentations will be given at the next WHCC meeting (August 14, 2006):
 1. Report from Nebraska Health Professions Tracking Center
 2. Preliminary Report on Medical Errors
- The following presentations will be given at the September 11 2006, WHCC meeting:
 1. Preliminary Report on Medical Specialty Centers
 2. Preliminary Report from RUPRI
- WHCC Staff is researching ways to make the WHCC meetings more accessible to individuals who cannot make the drive to Casper or Cheyenne to attend the meetings but who would still like to participate and/or listen to the WHCC meetings. Dr. Brent Sherard offered the Wyoming Department of Health's services to help facilitate a way to get more people involved by using teleconference, teleVideo and internet technology. The possibility of Webinars is also being looked into. An update of this research will be given at the next WHCC meeting (August 14, 2006)

- The Rural Policy Research Institute (RUPRI) was chosen by the Rural Healthcare Delivery Systems sub-committee to conduct the Rural Healthcare Delivery Study.
- Milliman was chosen by the Medicaid sub-committee to conduct the Medicaid Re-design Study.
- Starting in August a Monthly review of the Budget will be given to the Commission at each monthly meeting.
- Chairman Roberts asked the Commission for recommendations to help validate any policy recommendations. Commissioners were encouraged to brainstorm and look for gaps in data that need to be filled before the WHCC goes before the state legislature. No immediate recommendations were given at the meeting.
- The WHCC staff is putting together a list of sole source contracts that the WHCC has had since its creation in accordance to the Wyoming Republican Party's (WRP) records request. There was comment from the commission that the amount of time spent on executing the records request needs to be kept. Executive Director, Susan Anderson, confirmed that the time was being kept track of and it will continue to be kept track of.
- The WHCC Chairman and WHCC staff continue to have their bi-weekly conference call meetings. These have been very useful for keeping everyone up to date.

V. Certificate of Need (CON) Discussion

The issue of Certificates of Needs (CONs) was discussed. Several questions and comments regarding CONs came up:

1. Are there other models to determine appropriate care?
2. Planning strategies need to be more global.
3. Need criteria for making discussion.
4. Does the WHCC need a survey of CONs?
5. WHCC can ask for this information from HSC.
6. How are other states regulate CONs?
7. CON data will be included in the HSC Study.
8. What has been done with other than CONs?
9. Need to ask the RUPRI group what data they will have on CONs but the WHCC doesn't want to get caught up with CONs.
10. Can use consultants to help come up with criteria.
11. There may be models and concepts in Wyoming that are not healthcare related (i.e., oil & gas industry or whatever) that could be adapted to work with healthcare that may give guidance as to what might work here in Wyoming.
12. Think about criteria to look for- access, demographics (what really fits the population)

September 1st there will be a preliminary report from HSC. WHCC is waiting to review HSC's preliminary report and see if that information provides insight into the CONs issue.

VI. Medicaid Sub-committee Report

- The Medicaid Sub-committee has been spending a lot of their time trying to determine what they want the Medicaid re-design study to determine. The sub-committee wants to figure out, upfront, what can be expected from the study.
- The Medicaid sub-committee will have specific suggestions by September or October to give to the Joint Labor Health & Social Service Committee so they have some specific waivers they can ask for.
- The Medicaid Sub-committee is looking to see if there are ways to get people out of long-term care facilities. Milliman will be looking at this when they do the Medicaid re-design study. The sub-committee wants to give Milliman a couple of specifics that they can look at.
- Milliman will be focusing on DD and Long-term care but are still open to other ideas.
- The sub-committee is also looking at the issue of whether or not Medicare money can be used to pay family members and neighbors for providing care and therefore keep individuals out of long-term care facilities.

Milliman Medicaid Re-design Study time-frame:

1. Proposal of how they are going to conduct the study- July 2006
2. Preliminary Report- September 2006
3. Final Report- October 2006

VII. Access & Affordability (AAA) Sub-committee Report

- The AAA sub-committee's primary focus has been to study ways to insure the uninsured and lower the cost of insuring the uninsured.
- The AAA sub-committee continues to look at what other states are doing. They are looking at Montana, Massachusetts, Idaho, Michigan, Maine and the state of Washington. The state of Washington recently created a commission (they are calling it the Blue Ribbon Commission) to do exactly what the WHCC has been doing.
- They are viewing considerations through different lenses (consumers, providers, insurers, cost, quality and access) all effect the decisions that need to be made.
- The AAA sub-committee has a list of bold steps they are looking at and a list of not so bold steps.

- Clifford Root, from Riverton, Wyoming, is a new member to the AAA sub-committee and he will provide a small business perspective to the AAA sub-committee.
- Transparency is still a major concern as well as education of the public and legislature. It is apparent that the insurance industry is a big part of the solution also.
- The AAA sub-committee will have two conference calls on Tuesday, July 11, 2006. The conference calls are as follows:
 1. Dr. John Grubber regarding the Massachusetts plan.
 2. Insure Montana's Policy Director and Program Director
- There was discussion that the AAA sub-committee needs to come up with recommendations to the state legislature that are solid and of substance but the sub-committee may also need to provide them (the state legislature) with a road map of what is to come, that may not be completed by the time the recommendation is made.
- Rep. Jorgensen commented that there will be a lot of new legislators and education is fundamental. He would summarize briefly, with a timeline, what has been done, state areas that the WHCC needs to go further into and then identify the steps to get there.

VII. Report from the AG's Office on Records Request from WRP

Stephanie Anesi from the AG's Office gave a brief review of what the record request from the Wyoming Republican Party (WRP) entails.

- Any sole source contracts, any contract for any outside services, includes litigation.
- The law requires due diligence.
- E-mails are included.
- When files are ready contact WRP when ready to come and inspect.

The question of whether or not someone other than the WRP (i.e., the Press and/or any other interested individual) can sit in and observe the records at the same time the WRP is viewing the records came up. Stephanie Anesi researched this question and called the WHCC with the answer. The answer is any entity, other than the WRP, would need to contact the AG's Office with their request to review the records before they could sit in and review them. The AG's Office must be notified of any additional requests to view the records.

IX. Wyoming Investment in Nursing (WyIN) Program

Dr. Ed Boenisch and Kelly Schramm from the Wyoming Community College Commission presented on the Wyoming Investment in Nursing (WyIN) Program.

- A handout with information about the WyIN program was distributed to the Commission. The handout covered the following topic:

1. Background of the WyIN program.
2. Appropriations
3. Undergraduate Student Nursing Capacity compared to Number of WyIN Loans.
4. Student Nursing Capacity and Funding Allocations
5. WyIN Undergraduate Status
6. WyIN Undergraduate Location of Employment
7. Summary and Fact sheet

A copy of the WyIN handout is available on the WHCC website at <http://www.wyominghealthcarecommission.org/index.html>

- Commissioner Larry Kirven suggested the WHCC could use data that showed the need for nurses. Tom Gallagher (DOE- R&P) may have this data. WHCC staff will follow up on this and look for any existing data.

X. Rural Healthcare Delivery System (RHCDS) Sub-committee Report

The RHCDS sub-committee will be meeting with Keith Mueller, Ph.D. and Michael Shambaugh-Miller, Ph.D. from the Rural Policy Research Institute (RUPRI) on Tuesday, July 11, 2006, from 7:30am - 12:00pm regarding the Rural Healthcare Delivery Study that the WHCC has contracted with them to conduct.

XI. Subcommittee meetings 2:50pm - 4:30pm

There was a joint meeting of the AAA sub-committee and RHCDS sub-committee. The Medicaid sub-committee met separately.